

APNEA  
(2004) for wind quintet  
Ivo Nilsson  
(1966)

Apnea is an Italian word that means suspension of respiratory movements. In other words, keeping the breath. I imagined a music where the action is more in taking the breath than to blow. Where the focus is more on the upbeat than at the downbeat. As if the music starts before it sounds. When sound occurs, it is built upon resonances. Vibrations in the body holding the breath. Like in any other instrument. Apnea was written for the wind quintet Slowind and premiered in Ljubljana in 2004.